

## Confidentiality, Fees and Cancellation Policies

I consent to treatment with Adrienne Durst. I understand that Adrienne Durst will choose the treatment that she deems most effective in working with me and/or my child who is under fourteen years of age. I understand that these treatment methods will be explained to me in a way that I can understand. I understand that I can terminate therapy at anytime.

### **Confidentiality**

Confidentiality is a fundamental principle of therapy. I understand that no information shared or disclosed between myself and Adrienne Durst will be disclosed to any third party without my written permission, except in the following circumstances:

#### 1. Duty to Warn and Protect

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

#### 2. Abuse of Children and Vulnerable Adults

If a client states or suggests that he or she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or that a child (or vulnerable adult) is in danger of abuse, the mental health professional is required to report this information to the appropriate social services and/or legal authorities.

#### 3. Prenatal Exposure to Controlled Substances

Mental Health care professionals are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

#### 4. Insurance Providers

Insurance companies and other third-party payers are given information that they request regarding services to clients.

## 5. Supervision/Consultation

The therapist may discuss treatment for the purpose of supervision and consultation when needed, with the understanding that any identifying characteristics remain confidential.

## Sessions

Sessions are usually 50 minutes in length and take place weekly. If you or your child appear late for a session that time will be lost at your expense. Couple and family therapy sessions begin only when everyone is present. Longer and more frequent sessions may be arranged by mutual agreement. It's possible to schedule a session and a half, or a double session, should you require more time.

## Fees

The rate per session is 125 dollars for individuals and 140 dollars for couple and family therapy. Fees are payable at the end of each session and can be made either by cash or check. I am only available to discuss scheduling arrangements by phone. It is recommended that if there is information that you want to discuss that an additional session is booked, as phone conversations over 15 minutes will be billed for one therapeutic hour. There will be a fee for any requested documents.

## Insurance

**I'm a member of the Order of Social Workers of Quebec as a Marital and Family Therapist, my permit number is # DURA05-02-180. I also hold a Psychotherapist permit through the Ordre des Psychologues du Quebec and my permit number is #60581-13. Additionally, I can issue receipts under the Academy of Naturopaths and Naturotherapists of Canada and my permit number is # 12-5715. Since insurance policies may vary, it is important to read your policy carefully and understand the extent of your coverage. If receipts are needed for insurance please advise me.**

## **Cancellation Policy**

You are required to give 24 hours if you are unable to attend the session. Cancellations received less than two business days in advance and missed appointments will be charged at the full fee, except in instances of illness or emergency.

**I have read and reviewed Adrienne Durst's confidentiality, fee and cancellation policies and agree to abide by them.**

Client Signature (Client's Guardian/Parent if under18)

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Signature of Therapist

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Date: \_\_\_\_\_